

### **Continuing Education Information**

Athletic Trainers of Massachusetts, Inc. (P306) is recognized by the NATA Board of Certification, Inc. to offer continuing education for certified athletic trainers. This conference will award 4.5 CEU's to participants upon successful completion and attendance.



### Spring Sports Medicine Conference

- Utilizing Sports Psychology
- Active Release Techniques
  - Cultural Differences in Athletic Injuries
- Pure Performance Lectures

Wednesday May 20<sup>th</sup>, 2009  
Johnson & Wales Inn  
213 Taunton Avenue  
Seekonk, MA

## Schedule

8:30 – 8:55

### Registration and Continental Breakfast

9:00

### Utilizing Sport Psychology in Athletic Training

*Patty Vasiliadis, MEd, ATC  
Middlesex School*

9:45

### Comparison of Athletic Injuries Between One Japanese University and One American University

*Yuriko Atsumi, ATC  
Roger Williams University*

10:15

### Break

10:30

### Pure Performance Presentations

Two lectures addressing the abuse of alcohol, drugs, performance enhancing drugs, and supplements in athletics.

*Dennis O'Sullivan  
Vice President for Professional & College Development  
American Athletic Institute*

Lunch 12:15 – 12:45

12:50

### Active Release Techniques for the Athletic Trainer (lecture, demonstrations, Q & A's)

*Dr. Ellen McNally  
Dr. Camilla Moore  
Westport Chiropractic*

1:50

### State Meetings

2:15

**Adjourn** ~Thank you for attending!

*Please note that we make every effort to keep the conference to the schedule as listed. Times are approximate. We reserve the right to change speakers due to an unforeseen circumstance.*

For Questions:

Contact: Kristine Brown at 781-270-0424  
or check the website  
[www.athletictrainersofmass.org](http://www.athletictrainersofmass.org)

## Directions to the Johnson & Wales Inn

213 Taunton Avenue  
(Routes 114A & 44)  
Seekonk, MA 02771  
508-336-8700 or 1-800-232-1772

**from I-195 east** On Rt 195 in Massachusetts take exit 1. (There are 8 exits in RI). Turn right onto Rt 114A and continue to the Rt 44 junction (bear left at the old Grist Mill Restaurant). Turn right onto Rt 44. The Inn is located a few hundred yards on your right.

**from I-195 west** On Rt 195 in Massachusetts take exit 1. Exit left onto Rt 114A and continue to the Rt 44 junction. Turn right onto Rt 44 (bear left at the Old Grist Mill Restaurant). The Inn is located a few hundred yards on your right.

## Conference Registration Form **must be received by May 10th.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

BOC Number: \_\_\_\_\_

**Please check:**

\_\_\_\_\_ ATOM or RIATA Member \$45.00

\_\_\_\_\_ Student \$25.00  
College: \_\_\_\_\_

\_\_\_\_\_ Allied Health / Non-Member \$75.00  
Please specify: \_\_\_\_\_

**NOTE: On-site registration for all is \$75.00**

Please make check payable to: **Athletic Trainers of Massachusetts**

**Mail this form and payment to:**  
Kristine Brown, Continuing Education, ATOM,  
Inc., 8 Luther Road, Burlington, MA 01803

**Refund Policy:** Written notice of cancellation must be received by May 15, 2009. A \$25.00 service fee will be deducted from the cost. No other refunds will be issued after that date.